

POETRY SUBMISSION

***Snigdha Jain**

1) The walls are closing in,
Darkness clouding your eyes,
Curled up on the floor
Don't know how to get up.

Wanna scream so hard
But no sound escapes,
Wanna cry so bad
But no tears drop,
Wanna run so fast
But your legs don't move,
Wanna see the light
But it feels out of reach.

Flickering far away,
You see a ray,
As bright as the sun,
Reaching your way,
All you have to do is take it,
Just hold on to it.

Standing up won't be easy,
Just remember you're not alone,
We are right behind you,
To keep you from falling down.

The pain won't go instantly,
But, it will subside eventually,
You will find yourself again, definitely
Just keep holding on faithfully.

Never forget the people, who love you,
Count on them to release you
From the struggles of your mind,
From the tortures of your thoughts.
They'll bring back the light to you,

And hug you tight till you see it too.

You keep going on,
Their love will help you to move on.

And again after few months,
When the fear strikes again,
Don't go tumbling down alone,
Reach out, seek help
Until they hold you close once more,
Until the emptiness isn't present anymore.

Cause you're stronger than you appear,
The world don't want you to disappear,
Make yourself reappear,
Cause we need you, here,
We need you here, always!

2) TIME PASSES BY

Moments after moments,
Conversations after conversations,
Time passes by.

It's not the tick of the clock,
Or the days of the week,
Or the months of the year,
We measure time by.

It's the people we meet,
The memories we live,
The feelings we feel,
That measures time.

Because it's not time that passes by,
It's the life that goes on,
It's the world that moves on.

You can change the cell in the clock,
You can change the clock on the wall,
Start is from wherever you want,
But the clock of life neither slows, nor runs fast.

It just walks, and you have to walk by it.
Sometimes you like it and sometimes you don't,
Sometimes it's dark and sometimes it light,
Whatever it is and wherever you are,
There's only one solution to your situation,
Whether good or bad,
It fades away.

Before it all vanishes and you turn into ashes,
Feel every breath you take,
Live every second you have,
Befriend every person you meet,
And love every inch of yourself,
Say every word you want,
Confess every sin you hold.
All the negativity and all the hurdles you face,
Don't let them take over.
Cause tomorrow may never come,
Another day might not be in your destiny.
It's today that is given to you,
It's present that should be cherished by you.

So, let go of the hatred you feed,
Let go of the pain before which you kneel,
Let go of the grudges that tie you down,
Let go of everything that pushes you to loose.
Forgiveness is not easy to give
And kindness is not easy to deserve.
But these make your time worth it,
Make count every minute you have,
Before you become a memory in someone's mind,
Before you become a picture frame in someone's room,
Before you become a name in someone's diary.

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