

PRECIOUS ROLE OF GURU IN HUMAN BEING'S LIFE

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Abstract

The present paper aims to focus on the precious role of the Guru. It highlights the true concept of who the Guru is and emphasizes the Supreme Soul and divine energy. The paper also explores the scientific and spiritual connection between the Guru and the human soul. It addresses profound questions like: Who is a Guru? What is the soul? What is life? What is the purpose of birth and rebirth? It briefly defines the Guru as not merely a personality, but as a supreme energy guiding humans toward divinity by teaching how to realize the soul and connect it to the Supreme Soul i.e. self-realization which is the ultimate goal of life.

“He who can transform the ordinary into the supreme

by showing that God exists not only outside but also

within our soul — such a being is called the Guru.”

Keywords: Guru, soul, supreme soul, divine energy, life, deeds, spiritualism

Who is a Guru: An Energy

A Guru is not merely a person but a divine energy. Though the Guru may appear as an ordinary person, He embodies the divine force that governs and sustains the universe. Just like energy cannot be destroyed but only transformed, the Guru too represents an eternal presence that transforms from one form to another depending on the situation.

*“An unending energy, manifesting in various forms
and residing within us — that is the Guru.”*

How the Guru Plays a Precious Role: Direction to Life

The Guru gives direction to life. But first, we must understand—what is life? Is it limited to the physical body? Does death end life? The answer is no, because here we speak of the life of the soul—an eternal energy, not the perishable human body.

When the soul (energy) exists within the body, we are alive. When it departs, the body becomes lifeless. This soul does not perish; it simply changes form, taking birth in different bodies—human or animal. This is the cycle of rebirth. E.g. Ball at the Top of a Hill (or Slide)

1. Potential Energy (PE): When a ball is resting at the top of a hill, it has gravitational potential energy due to its height.
2. Transformation: As the ball starts rolling down, the potential energy is converted into kinetic energy.

3. Kinetic Energy (KE): While moving, the ball has kinetic energy (energy of motion).

Spiritual Energy Transformation Analogy

Ball = Body

Potential Energy = Soul (Divine essence, still and full of possibilities)

Force (Push) = Guru's Guidance (the divine direction)

Prayer / Bhakti = The surrender and connection

Kinetic Energy = Karma in motion, purposeful living, spiritual progress

The Ball (Body) sits quietly at the top of a hill. It has potential, but it doesn't move on its own. → Just like a human body holds the soul (potential energy), waiting for purpose or direction. Potential Energy (Soul) holds all the divine power, purpose, and possibilities — but remains still unless something activates it. Force or push (Prayer, Meditation, Devotion) is what initiates the movement. → It awakens the soul's energy, connects it to the universe or divine will. That push is the Guru's grace and direction — the sacred spark that awakens the soul. Once touched by the Guru's wisdom, the soul begins its journey. Prayer, devotion, and surrender add momentum. Now, the soul-energy becomes action — filled with purpose, motion, and divine flow.

“The body is lifeless without the soul, The soul is dormant without divine direction, and motion begins only when the Guru gives the push.”

Through prayer, we keep moving — toward the Divine

But can we influence this cycle while still alive? Can we choose not to be reborn? Yes. The Guru gives us the guidance to do so. As humans with intellect, unlike other animals, we have the unique ability to realize that we are not the

body but the soul—energy. This realization comes through: 1. The Guru's teachings, 2. Prayer and concentrated hymns, 3. His blessings,

Path to Self-Realization

Prayer: Persistent recitation of hymns creates a spiritual frequency. These hymns help us connect to our inner self and realize we are the soul, not the body. With regular practice, we begin to understand that our soul is one with the Supreme Soul. This is self-realization or salvation, which frees us from the cycle of birth and rebirth.

Deeds (Karma): Our actions shape our soul's journey. Good deeds align us with divinity; bad deeds distance us from it. Our actions apply a "force" to our soul, directing it toward either spiritual growth or decline.

*“Good deeds, like a positive force, guide the soul
toward divinity; bad deeds lead it away.”*

Blessings: The Guru's blessings awaken the divine energy within us. His teachings apply spiritual force that sparks the soul, guiding it to self-realization and salvation.

*“Guru's teachings apply force to our soul, leading it
to divinity, self-realization, and freedom from the cycle of rebirth.”*

Transformation from Ordinary Soul to Supreme Soul

The Guru, as divine energy, awakens our soul. All of nature—including humans and animals—is pervaded by supreme energy. Our soul is a smaller, dormant form of this energy, awaiting activation by the Guru. Transformation happens

when: We recognize the divine energy within. The Guru provides guidance through hymns—spiritual frequencies that awaken the soul. With persistent practice, the soul connects with the Supreme Soul.

How Transformation Happens — Through Hymns

Transformation is not just about changing from one form to another — it's about awakening to our true nature. In the spiritual journey, this transformation happens when we connect with the Supreme Energy — the Divine. And one of the **most direct and sacred paths to this connection is through Hymns.**

What Are Hymns?

Think of hymns as **spiritual dialling numbers**. Just like we dial a specific number to connect to a person, that contact number is the frequency which connects, hymns are specific vibrations that connect us to the Divine Presence. When we chant or utter these hymns with devotion and purity: We go beyond the body and ego. We awaken the soul. We realize our unity with the Supreme Soul.

Role of the Guru — The Divine Guide

But here's the key: Dialling a wrong number will never connect you to the right person. Likewise, chanting the wrong sound, unclear hymns, or ego-based words will not connect you to the Supreme. **Only the Guru**, who is already connected to the Source, who is enlighten, **can give you the exact and absolute hymns** — the true mantra — the correct spiritual number. Without the Guru's guidance: One may wander with false numbers. One may chant without inner alignment. And connection to the Divine may remain out of reach. True Transformation Begins When... The body (ball) is awakened by the soul

(potential energy), The soul is activated by the **Guru's push**, and the connection is made through the exact hymns — the true spiritual dial to God. With each sincere utterance, we come closer to realizing: "I am not just this body." "I am a soul." "This soul is united with the Divine."

*"Hymns are the divine dial,
Guru is the guide, and
realization is the connection."*

The ordinary soul transforms into the supreme when it realizes it is not confined by the body but is infinite, with no end, and reaches divinity through the Guru's direction.

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